



International Psychogeriatric Association

IPA Better Mental Health for Older People

Officers

William Reichman, *President, Canada*
Manabu Ikeda, *President-Elect, Japan*
Tzung-Jeng Hwang, *Secretary, Taiwan*
Kate Zhong, *Treasurer, United States*
Mary Sano, *Immediate Past President, United States*

Board of Directors

Daisy Acosta, *Dominican Republic*
John Brennan, *Ireland*
Diego De Leo, *Australia*
Lia Fernandes, *Portugal*
Dawne Garrett, *United Kingdom*
Venu Gopal Jhanwar, *India*
Raymond T. Koopmans, *The Netherlands*
Maria Lapid, *United States*
Kiran Rabheru, *Canada*
Hilde Verbeek, *The Netherlands*

International Psychogeriatrics

Dilip Jeste, *Editor, United States*
Liat Ayalon, *Deputy Editor, Israel*
Ana Luis Sosa Ortiz, *Deputy Editor, Mexico*
Huaili Wang, *Deputy Editor, China*
Stephan Arndt, *Statistical Editor, United States*

IPA Communications (Bulletin and Website)

Tzung-Jeng Hwang, *Editor, Taiwan*
Joshua Baruth, *Assistant to the Editor, United States*
Fei Sun, *Deputy Editor, United States*
Maria Lapid, *Digital Editor, United States*

Past Presidents

Manfred Bergener, *Germany*
Founding President
Gösta Bucht, *Sweden*
Kazuo Hasegawa, *Japan*
Bertil Steen, *Sweden*
Sanford I. Finkel, *United States*
Raymond Levy, *United Kingdom*
Barry Reisberg, *United States*
Edmond Chiu, *Australia*
Alistair Burns, *United Kingdom*
George T. Grossberg, *United States*
Joel Sadavoy, *Canada*
Helen Fung-kum Chiu, *Hong Kong*
SAR PR China
Masatoshi Takeda, *Japan*
Jacobo Mintzer, *United States*
Henry Brodaty, *Australia*
Raimundo Mateos, *Spain*

IPA Secretariat

Kate Filipiak, CAE, *Executive Director*

CONTACT:

International Psychogeriatric Association
Kate Filipiak, CAE
414/918-9889
info@ipa-online.org

For Immediate Release

IPA and Older Adult Mental Health Week stand in support of World Mental Health Day

Milwaukee/ WI (US) –10 October 2021:

This 10 October, IPA again raises our voices in support of the World Health Organization's (WHO) **World Mental Health Day**.

In recent years, we have seen an increase in dialogue around mental health and mental well-being along with a growing trend to de-stigmatize mental illness. These important conversations must continue to include all age groups, and the International Psychogeriatric Association (IPA) remains essential to ensuring our older adults are not left behind.

As a global leader in supporting the mental health and wellness of older persons, IPA's multidisciplinary members across the world provide care, education, and innovation across multiple segments of society enabling older persons to increase their longevity and to remain a vital resource to their families, communities, and economies. This **World Mental Health Day** is another opportunity to take make a positive difference.

As the highly successful Older Adult Mental Health Awareness Week (1 October -10 October 2021) concludes, IPA encourages continued conversations around the importance of older adult mental health support and representation. In raising awareness, we aim to end the stigma of mental illness, increase empathy for our older adult populations and eliminate ageist policies and practices.

See the full week of programs and resources available online at www.awarenessweek.ipa-online.org



Manabu Ikeda, MD, PhD
IPA President Elect
Chair, IPA Advocacy Committee



Kiran Rabheru, MD, CCFP, FRCP, DABPN
IPA Board of Directors
Co-Chair, IPA Advocacy Committee

###

For nearly 40 years, the International Psychogeriatric Association (IPA) has been a leader in the field of psychogeriatrics. The diverse disciplines, interests, and geographic communities within IPA symbolize the full spectrum of older adult mental health. Through our educational activities, scientific meetings, and cutting-edge publications, IPA promotes better mental health for older people all around the world.