



International Psychogeriatric Association
Better Mental Health for Older People

7 October: Services and training in mental healthcare for older people in the Post-COVID era: Lessons learnt in South Asia and the way forward

As part of Older Adult Mental Health Awareness Week, we are excited to offer this panel discussion "**Services and training in mental healthcare for older people in the Post-COVID era: Lessons learnt in South Asia and the way forward**" organized in conjunction with the World Psychiatric Association, Indian Psychiatric Society, SAARC Psychiatric Federation, and the Asian Federation of Psychiatric Associations.



Asia has some of the fastest developing economies and largest conglomerations of populations in the world. One such geographically unique region is South Asia, which accounts for nearly 25% of the global population and one-fifth of the psychiatric morbidity worldwide. This region is also ageing rapidly compared to rest of the world due to modifications in healthcare facilities, hygiene, and lifestyle as well as improved sanitation and infection control. Besides, some of the South Asian countries have also been worst-hit by the COVID-19 pandemic which has led to an exaggerated psychosocial crisis among their older people. Many of these nations face issues with community psychiatric care, trained manpower, socio-economic resources, legislation catering to psychological care and health inequalities. However, recent years have also witnessed paradigm shift in mental health policies, infrastructure and technology among these nations. Climate changes, migration, displacement and ecological characteristics further make South Asia unique in mental health needs and challenges.

With this background, leaders in the field of psychogeriatric care from some of the South Asian nations come together to discuss and highlight upcoming strategies for mental health advocacy and service delivery among older people in these regions. Mutual collaboration and cross-country research are globally called upon.

Friday, 7 October, 2022 at 7:30am Central Standard Time. This event is at no cost.

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Organizer and Moderator



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Panelists



Dr. Afzal Javed
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Dr. Sudarshan Narsingh
President, Psychiatrists'
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Dr. Imtiaz Ahmad Dogar
President,
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